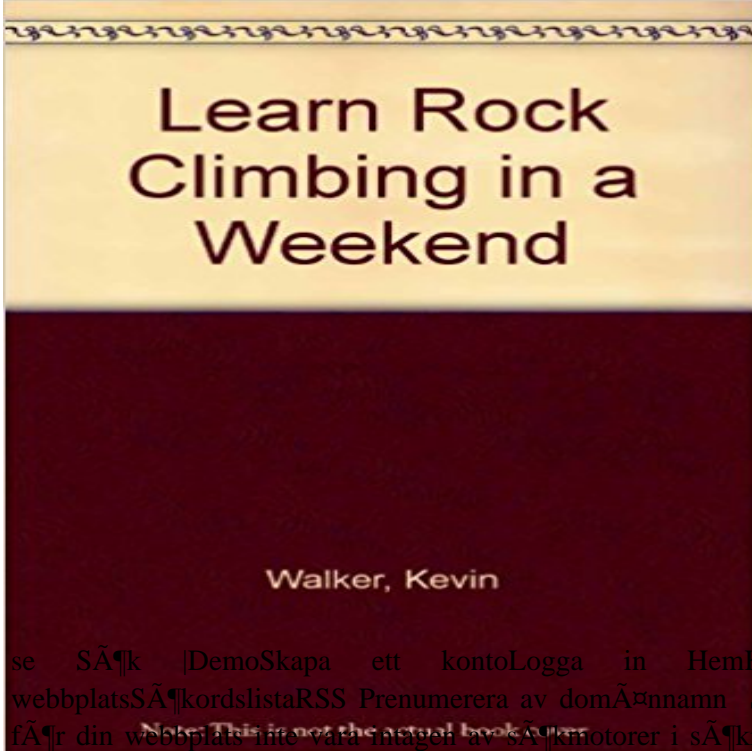


Learn Rock Climbing in a Weekend (Learn in a weekend)



Part of a series of books that offer short, concentrated, highly structured courses for the absolute beginner which can be completed over a 48-hour period. Each book outlines the basic terms and techniques of the sport concerned. This particular book looks at rock climbing via the use of photographs, detailed artwork and text. Individual skills are examined and more advanced techniques that might be covered in a subsequent weekend are included.

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Weekend Beginners at Mile End Climbing Wall London Available in the National Library of Australia collection.
Author: Walker, Kevin Format: Book 95 p. : col. ill. 23 cm. **Rock Climbing Beginners course - Rock and Sun**
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