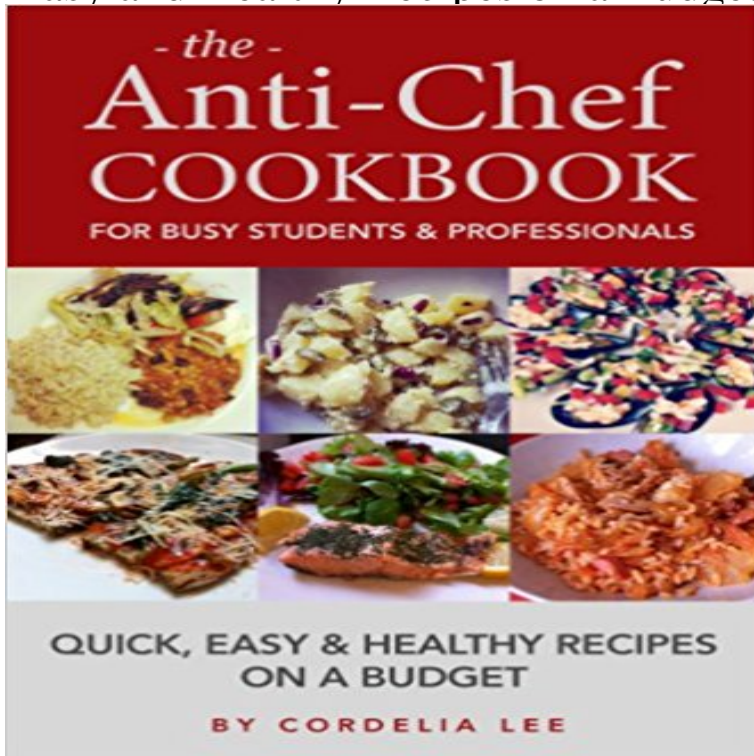


The Anti-Chef Cookbook for Busy Students & Professionals: Quick, Easy and Healthy Recipes on a Budget



THE BEST COOKBOOK FOR BEGINNERS & BUSY PEOPLE 16 Easy Recipes Are you too busy to cook, but sick of greasy take-out food and spending too much money at expensive restaurants? Is your idea of cooking boiling an egg and microwaving a frozen dinner? Do you live in a closet-sized apartment with a tiny kitchen and no oven? Are you having a hard time following other cookbooks with long ingredient lists, and, worst of all, NO photos of the finished product to guide you? Luckily The Anti-Chef Cookbook for Busy Students & Professionals is here to help. Author Cordelia Lee developed 16 easy, internationally-inspired meals with friends from around the world. With beginners in mind, every recipe begins with a colorful photo of the dish and easy-to-follow directions. No oven is needed, no fancy kitchen tools and gadgets - not even measuring cups! Many of the recipes are under 3 ingredients, vegetarian-friendly, and can take as little time as 5 minutes to make. The meals can be easily adapted to personal taste with different vegetables. Whether you are a busy professional, parent or student on a budget, cooking healthy meals fast is not only possible with this cookbook, but fun! LEARN TO MAKE: Salmon in a microwave under 5 minutes Pizza without an oven Japanese soba noodles Korean kimchi fried rice Spanish tortilla Spaghetti pancake Tuna baked potato without an oven Spring rolls Click LOOK INSIDE! to see the other creative recipes in the book!

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