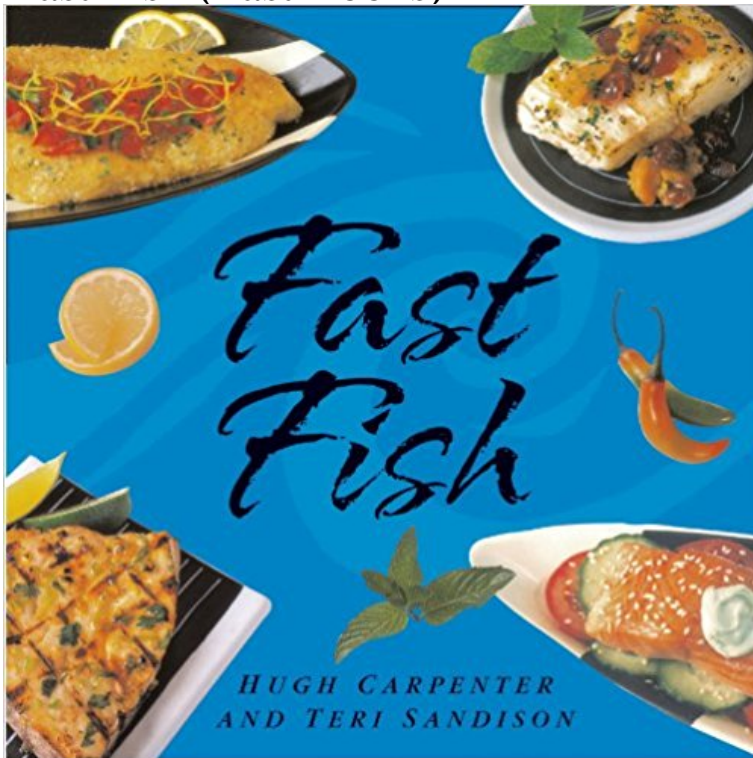


Fast Fish (Fast Books)



The fourth FAST book from the gifted team of Hugh Carpenter and Teri Sandison focuses on that speediest of ingredients: fish. Quick preparation time is one of the many reasons to cook fish more often, and Hugh has an irresistible collection of ways for us to spice up our workday meals. If you're tired of that old standby of pan-fried fish with a squeeze of lemon, explore Hugh's many flavorful combinations, drawing on cuisines from around the world. Teri's colorful photographs will have your mouth watering for dishes such as Sauteed Halibut with Nectarines and Ginger, Roast Salmon with Curry Mayonnaise Rub, and Steamed Snapper with Spicy Pesto. As with all the FAST books, FAST FISH includes short ingredient lists, easy instructions, and simple menu suggestions. Endlessly versatile fish provide an amazing array of quick-to-prepare and easy-to-shop-for flavor-packed recipes. The FAST series continues with its fourth book, dedicated solely to fish. Includes full-color photographs for half of the recipes and more than 75 how-to and spot photos. The FAST series has sold 110,000 copies. 20,000-copy first printing.

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