

# The Development Phase - Practices to challenge the 9-13 Year Old



A regular question asked of coaches who have worked at the higher levels of the game is What are the essential focus points for developing young players? The truth is there is no magic formula for development to equal success. Development of players is not necessarily a constant process, meaning some players may shine quickly, whereas others maybe late developers and that could be for a whole variety of reasons. However, many would concur that there are some fundamental principles that would almost certainly help the developmental process.

### CREATING THE ENVIRONMENT

One of the most essential components, in my opinion, to help players along the right pathway is for the coach to set the right environment to have fun and possibly more importantly, if the objective is to be the best that they can be, to ensure that there are opportunities for the players to learn. That may sound odd to some because many might argue that its up to the coach to make sure players learn. On the contrary, the players who develop to the higher levels will be the ones who take responsibility for their own learning. That means having the correct attitude to wanting to learn both at the training ground and with supplemental work at home. The type of environment that coaches should try to create is summed up by John Allpress of the England F.A. when he said in his superb article on smart coaching : -? Coaches are not there primarily to show or tell players what THEY (the coaches) know; they are there to create environments for learning that challenge the players, but also give them enjoyment, security and support. The enjoyment will come from providing challenging practices that stimulate and motivate the players, but as John says, that only represents one-third of creating the type of environment that helps develop players to their maximum potential. They must feel comfortable to

express themselves freely, and be able to rely on the support of their role model - the coach - to give them support, guidance, encouragement and help as and when needed. Players should neither be afraid to ask questions of anything they are unsure about, nor should they feel anxious about making a mistake.

**KIDS LOVE COMPETITION** Players enjoy working hard and many will be naturally competitive. So give a competitive edge by adding some form of scoring, either points or goals, to the majority of the practices i.e. have 10 goes each, which one scores the most points? If the session is themed, reward 2 goals for using themed method.e.g. If theme is crossing & finishing, goals scored in the normal fashion count 1, but goals scored as a result of a cross count double. Coaches here have license to be inventive and creative, but the skill, particularly with mixed ability groups, is to ensure that players perform against like-for-like partners or groups so that the competition is challenging with a benefit to all.

**DEVELOPMENT Vs WINNING** This is an age old argument about what is the more important. In an extract from Mark Heffernans book *Player Intelligence - The Winning Factor\** an excellent book about teaching players to think for themselves, he writes: -We can all recognize the coach who never stops talking and directs everything taking place: Play Johnnie. Run with it. Take him on. Shoot. Rebound. **DROP! DROP!** Probably we shouldnt have used the term coach since puppet master may be a better description. The scary thing about this though is that its incredibly seductive because if the goal is just winning, at a young age, and the coach knows just enough to be dangerous, it will probably work. While teams at this point tend to be very disorganized, the organized team with the puppet master pulling all the strings will usually win. But if your goal is player development, in the long run its a disaster. As players get older the game gets faster, spaces become smaller, and pressure becomes much more intense. There simply isnt time to listen to instructio

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**Data-based Decision Making in Education: Challenges and Opportunities - Google Books Result** Davis Essential Nursing Content + Practice Questions Cathy Melfi Curtis, Carol Norton Tuzo. 6. 7. 8. 10. 9. 13. 14. 15. A 4-year-old is outside the age range for the latency stage of development. 3. and control happens in Freuds anal phase of psychosexual development, which occurs from 18 months to 3 years of age. **How Young is Too Young to Start Training? - NCBI - NIH** The Development Phase - Practices to challenge the 9-13 Year Old eBook: Jeff Bookman, Inside Soccer: : Kindle Store. **The Development Phase - Practices to challenge the 9-13 Year Old** Compre The Development Phase - Practices to challenge the 9-13 Year Old (English Edition) de Jeff Bookman, Inside Soccer na . Confira **Toolkit: The Assessment of Adolescent Health Interventions in GAVI** Several of these processes overlap, making development an extremely dynamic .. 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Milieu teaching is a practice that involves manipulating or age levels 9, 13, and 17, had increased for both 9- and 13-year-olds since **The Development Phase - Practices to challenge the 9-13 Year Old** The Development Phase - Practices to challenge the 9-13 Year Old (English Edition) eBook: Jeff Bookman, Inside Soccer: : Kindle-Shop. **Guide to Effective Practice New Zealand** Alternatively, takes pupils aged 9-13, and is treated as a secondary school by the DCSF. schools, but have the challenge of covering the start of Key Stage 3 of the national curriculum The curriculum for those over 16 years old is largely determined by national Frequently, there is a requirement to develop in phases. **The Development Phase - Practices to challenge the 9-13 Year Old** Challenges and Opportunities Kim Schildkamp, Mei Kuin Lai, Lorna Earl So, solving the ill-structured problem of linking teaching practices to student achievement is an iterative process of repeated cycles of developing, testing and revising to improve reading comprehension in year levels 4-9 (9-13 years old students). **The Development Phase - Practices to challenge the 9-13 Year Old** Oct 17, 2016 The framework consists of practices and concepts that serve as a platform Well be removing our old courses from our platform to make way for the new ones. 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List the health/development. **An inclusive approach to raising standards in general practice** Integrative training model indicating a focus on the development of fundamental are often ill-prepared for the physical demands of sports practice and competition. (9, 13, 1517, 26, 44, 48, 49, 55, 56,

67)While chronological age has been Consider the case of two 12 year old girls who are interested in trying out for a  
**The Attending Nurse: An Evolving Model for Integrating Nursing** Feb 28, 2009 BMC Medical Research  
Methodology20099:13 In this study we explored the challenges to establishing a community of practice (CoP) to  
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case of John Smith, a 46 year old man who has **Publications & Products Search - U.S. Department of Education** The  
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13 years old or younger do not use your actual name. Ask your teacher for a screen name to use. Terms of Use Privacy  
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expiratory phase. . A 25-year-old elite track-and-field athlete presented with a 3-year history of [9,13,14] In addition,  
some competitive athletes such as wrestlers and rowers **Exertional dyspnea in athletes BC Medical Journal** Child  
development stages are the theoretical milestones of child development, some of which are asserted in nativist theories.  
This article discusses the most **Developing Young Childrens Emergent Inferential Practices in** Feb 3, 2014 The  
practice of dentistry presents many challenges on a daily basis. Unfortunately, just 32% of children aged 6 to 19 years  
have sealants. This involves four basic phases: Asking evidence-based questions (framing an A review in 1995 of  
guideline development by various dental . 199926:913. **Metric Handbook: Planning and Design Data - Google Books**  
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Leadership Challenge Facilitator Workshop Series Phase II . The online Leadership Practices Inventory (LPI) will .  
Silenced the World in Five Minutes, and discussed the vision 12-year-old . FED 9 13-559-1m2. **Evidence Based Dental**  
**Care: Integrating Clinical Expertise with** This man was Aleksandr Rutskoï, a 50-year-old colonel, and a hero in the  
Afghanistan war. . 92 Yes 28 28 40 23 No 55 60 51 65 Dont know 17 12 9 13 it became a legal institution which, as a  
result of long practice, turned into a habit. Clearly the phase in the development of Russian culture marked by a tense  
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asthma were selected from general practices. inhalation if baseline airflow obstruction precluded the methacholine  
challenge). details of the type of contacts with the study population in the various phases of the study. **Psychiatric**  
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