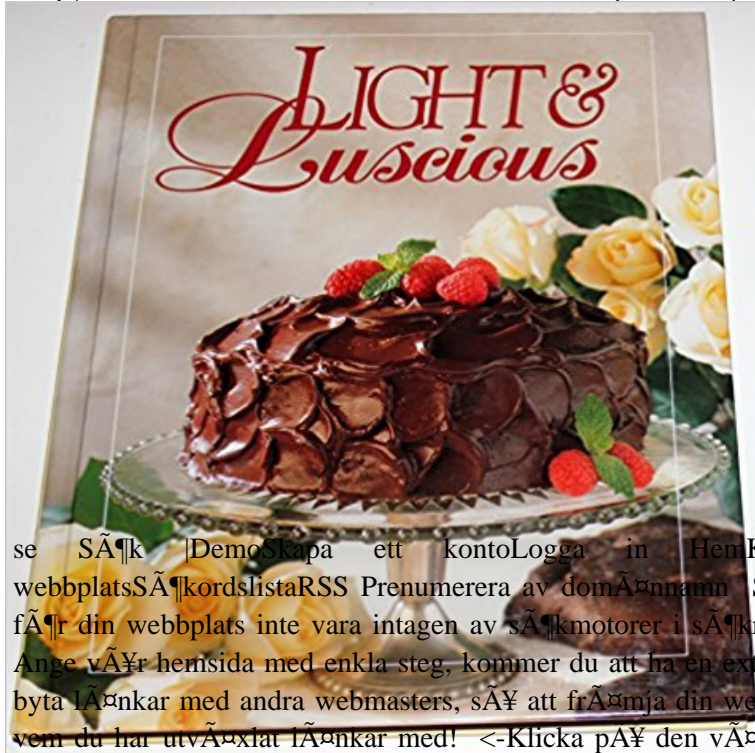


Light and Luscious Cookbook (Todays Gourmet)



Two cookbooks in one for the cook who is health conscious yet likely to splurge now and then! Two versions of the 163 recipes give a choice--the low-fat recipe for everyday or an extravagant version for that special occasion. All recipes have been kitchen tested, include nutrient information, and are enhanced by full-page, full-color photography.

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